

FEMALES STARTING ISOTRETINOIN

STOP

If you've just received this paper because you're about to get enrolled in the I-Pledge System (to start Isotretinoin), **DON'T LEAVE THE OFFICE WITHOUT FIRST...**

- 1) Letting us do a urine pregnancy test.
- 2) Giving us your e-mail address so that I-Pledge can contact you.
- 3) Making sure we have the last 4 digits of your Social Security # on file.
- 4) Getting a lab slip for the necessary bloodwork.
- 5) Getting an I-Pledge booklet including consent forms and ID cards.
- 6) Leaving us a copy of the signed consents if you wish to start the enrollment process immediately.

Because this medication is strong and should never be taken while pregnant, it is very strongly regulated. You must be enrolled in the national I-Pledge registry in order to receive the medication.

The first part of the enrollment process can only take place after we can prove (with a pregnancy test) that you are not pregnant. We can then log on to the I-Pledge website and enter your information. All females (except those who've had a hysterectomy) must then wait 30 days before the registry will allow a prescription for this medication to be filled.

This enrollment into the I-Pledge registry cannot occur until we also have signed consents on file (they are found in the I-Pledge booklet you should have received). If you want to have the 30-day "lockout" period begin right away, make sure you leave those signed consents with us right away. Otherwise, please bring those signed consents back with you to your follow-up visit, but understand that you will not be enrolled into I-Pledge (and the 30-day "lockout" won't begin) until that time.

Once we enroll you, the I-Pledge registry will want to contact you so that you can create an online account with them. Please let them use your e-mail address as regular mail is much less reliable for this. In order to be contacted by e-mail, though, we need it at the time of your registration. So please provide it to us the day you decide to get registered and begin the 30 day waiting period.

Between the date you decide to have us enroll you, and the date you come back 30 days later to actually receive the prescription, you must get bloodwork testing done. Here is where we look to make sure all your labs are normal before you even start the medicine. Cholesterol is amongst these tests, and to get accurate levels you must have this done "fasting" – in other words, first thing in the morning on an empty stomach. So, get your bloodwork performed "fasting" and please have it done at least 3-4 days prior to your actual office visit so we have time to receive those results in time for your visit. You will then need to have bloodwork drawn at least 3-4 days prior to each and every follow-up office visit.

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At each office visit, we'll perform a urine pregnancy test. After each office visit, you will need to log on to the I-Pledge website and confirm with them that we've counseled you not to get pregnant. Yes, it's frustrating how often they make us prove this, but we have to do this the entire time you're on this medicine.

When you log on to the I-Pledge Registry, you must also indicate the same birth control methods that you've indicated to us. For example, if you've listed "Oral Contraceptives" as the primary method and "Condoms" as the secondary method, you must indicate those two in that order on the I-Pledge website as well.

After your visit, and after you've logged on to the I-Pledge website, you may then pick up the medication from the pharmacy, but remember that you only have 7 days to do so. Please do not wait beyond the 7-day window as re-registering you can be quite difficult. Also, at the pharmacy, you cannot pick up the medication without knowing your I-Pledge number. This is found on the ID cards within the I-Pledge booklet you would have received the day you were enrolled. Just bring your card with you to the pharmacy each time so they'll know your number.

Once started on this medication, this month-to-month process (draw "fasting" labs 3-4 days prior to each visit-->come in for monthly visit-->log on to I-Pledge to confirm counseling-->pick up medicine within 7 days) will repeat until you've finished your 5-6 months round of Isotretinoin.

AGREEMENT TO COMPLY:

I, _____, understand that the protocol of necessary follow-up visits, lab testing, and following I-Pledge rules as described above represents requirements and not simply recommendations. I acknowledge that repeated failure to comply with these requirements may result in my dismissal from the I-Pledge program and/or Current Dermatology may choose to discontinue my treatment with Isotretinoin.

Signature