

STARTING ISOTRETINOIN FOR THOSE WHO CANNOT GET PREGNANT

STOP

If you've just received this paper because you're about to get enrolled in the I-Pledge System (to start Isotretinoin),

DON'T LEAVE THE OFFICE WITHOUT FIRST...

- 1) Getting a lab slip for the necessary bloodwork.
- 2) Getting an I-Pledge booklet including consent forms and ID cards.
- 3) Making sure we have at least the last 4 digits of your Social Security number on file.
I-Pledge requires this for registration.

For a number of reasons, the use of Isotretinoin is very strongly regulated. You must be enrolled in the national I-Pledge registry in order to receive the medication. We cannot enroll you in this registry until all steps have been followed.

One reason the blood tests are performed to make sure all your labs are normal before you even start the medicine. Cholesterol is amongst these tests, and to get accurate levels you must have this done "fasting" – in other words, first thing in the morning on an empty stomach. So, get your bloodwork performed "fasting" and please have it done at least 3-4 days prior to your actual office visit so we have time to receive those results in time for your visit. You will then need to have bloodwork drawn at least 3-4 days prior to each and every follow-up office visit.

We cannot send in and begin your prescription for Isotretinoin until we have signed consents on file (they are found in the I-Pledge booklet you should have received). Please bring those signed consents back with you for the follow-up visit in which we are planning to actually prescribe your first round of medicine. We cannot proceed without them.

After your visit, you may then pick up the medication from the pharmacy, but remember that you only have 7 days to do so. Please do not wait beyond the 7-day window as re-registering you can be quite difficult. Also, at the pharmacy, you cannot pick up the medication without knowing your I-Pledge number. This is found on the ID cards within the I-Pledge booklet you would have received the day you were enrolled. Just bring your card with you to the pharmacy each time so they'll know your number.

Once started on this medication, this month-to-month process (draw "fasting" labs at least 3-4 days prior to each visit-> come in for monthly visit-> pick up medicine within 7 days) will repeat until you've finished your 5-6 months round of Isotretinoin.

AGREEMENT TO COMPLY:

I, _____, understand that the protocol of necessary follow-up visits, lab testing, and following I-Pledge rules as described above represents requirements and not simply recommendations. I acknowledge that repeated failure to comply with these requirements may result in my dismissal from the I-Pledge program and/or Current Dermatology may choose to discontinue my treatment with Isotretinoin.

Signature